



# HART HERITAGE HERALD

## Hart Heritage Estates of Forest Hill

1915 Rock Spring Road, Forest Hill, MD



July 2018  
Katherine Janes



Katherine Rose was born in Boston, Massachusetts, on September 10, 1930. She was the youngest of four children, three girls and one boy. She grew up in Boston and lived there until she married Eric Janes and they moved to Harford County. She always enjoyed woodworking and has made many picture frames, boxes, and numerous other items out of wood from small trees that she cut down on her property. Crocheting is also a favorite hobby and she has made many afghans as gifts for her family, friends and neighbors. She was never blessed with children but always enjoyed the visits of her many nieces, nephews, friends, and special neighbors. She especially enjoyed the company of her cat "Hey you."



Independence Day is the birthday of the United States of America and is celebrated on the Fourth of July each year. Independence Day is the anniversary of the day on which the Declaration of Independence was adopted by the Continental Congress on July 4, 1776. John Adams, one of the founders of our new nation, said, "I am apt to believe that it will be celebrated by succeeding generations as the great anniversary festival. It ought to be commemorated as the day of deliverance, by solemn acts of devotion to God Almighty. It ought to be solemnized with pomp and parade, with shows, games, sports, guns, bells, bonfires, and illuminations, from one end of this continent to the other, from this time forward for evermore." Independence Day was first celebrated in Philadelphia on July 8, 1776. In 1941, Congress declared July 4 a legal public holiday.

On behalf of everyone here at Hart Heritage, I would like wish our residents and family members a Happy and Safe Fourth of July.





## Father's Day Ice Cream Sundaes

Our Father's Day Sundae social was a big hit. We did not go outside as planned; it was too hot and humid. We had a variety of flavors and toppings. Butter Pecan and French vanilla seemed to be the favorites.



Virgil posing for a great dad's day picture.



Richard and Margaret ate their whole sundae. I bet you can't guess who had seconds.



Sherri and I were glad everyone had a great time. Thank you for celebrating with us.

Fran: digging into her sundae.



Virginia is all smiles, as usual.



Everyone having a great time.





We were a little late getting our garden started this year. All the rain has really helped the plants get going. Now the sun needs to shine so our vegetables will grow big and strong. The garden club ladies are already talking about eating tomato sandwiches.

Maggie and Virginia: Planting the vegetables in the front courtyard planter.



We have two planters in the back courtyard one has veggies and the other is flowers. Jane, Sheila, and Laura had fun planting them together. Great job to all the ladies that helped. Thank you







# Activities



## Food club

We had powder sugar and cinnamon and sugar donuts. The residents rolled the dough balls, I fried them, and everyone shook their donuts in the paper bags, and then ate them all up. It was great fun. I would like to thank Joanne [Virginia Spicer's daughter] for coming in to help us make the donuts. You were a great help. Reenie and Virginia waiting to have their donuts fried.



Jane, Mildred, and Sheila: shaking their donuts in bags of sugar.



We all love the taste of fresh tomatoes. Ours are not ripe yet so I bought some tomatoes to make Caprese salad. It was a refreshing and delicious. Everyone enjoyed it very much.





## Craft corner

We made some painted stain glass suncatchers for summer. We all had fun and they look beautiful in the window.

Jane helped her mom[ Lucy] with her suncatchers. They looked Great!



Maggie: Working hard on her beach suncatcher.



The ladies made wind chimes to hang in their windows. They did a great job.



Ann Marie, Margaret, Anna, Jean, Fran, and Margie worked very hard on their chimes. I think their hard work payed off. Beautiful job everyone.





Here are the winners of the extra Bingo games.

1<sup>st</sup> place went to Anna, 2<sup>nd</sup> went to Eleanor, and 3<sup>rd</sup> went to Fran. Congratulations to you all.



## July Fun Facts

**July Birthstone:** The Ruby

### July Birth Flower

July's Birth Flowers are the Larkspur and the Water lily

### Sign of the Zodiac and Dates:

Cancer - June 22 to July 22

Leo-July 23 to August 22



**Margaret Snider**                      7/04/1927

**Clara Amoss**                            7/05/1942

**Laura Byrd**                                7/15/1936

**Virgil Stemple**                         7/18/1926



Sun	Mon	Tues	Weds	Thurs	Fri	Sat
1	2 Good morning 10:00- Exercise Summer craft 1:30- Bingo 3:00- garden club	3 10:30-Silver Reader Pets on Wheels [Joy] 11:00-Father Mark [Mass] 2:00- Pastor Karin Walker 3 <sup>rd</sup> floor [M] Outside social	4 Happy 4 <sup>th</sup> of July 10:15- Bingo 1:30-Movie 3:00- Fourth of July party	5 10:00- Exercise group Board games 1:30- Bingo 5:30- Pets on Wheels [Daphne]	6 Current events 10:00- Ball toss 10:30- Crafts 1:30- Bingo	7 No Activities
8 1:30- Bingo 3:00- Pastor Van Bemmel [p]	9 No morning activities 1:30- Bingo 3:00-Outside social	10 10:00- Ball toss Fun games- residents choice 1:15-Rosary group 1:30- Music with Danny Dolan 2:30- outside social	11 10:00- Exercise Craft corner 2:00-Music by Jim & Jeanne Black Café social	12 Morning news 10:00- Ball toss Food club- Strawberry shortcake 1:30- Bingo Music social	13 10:00- Ball toss 10:30- Crafts 1:30- Bingo Drinks	14 10:30-Freedom Church[ singing] and chatting with residents
15 No Activities	16 10:00- Exercise Board games 2:00- Music by Cindy Coffee and cookie social	17 Good morning greeting 10:15- Bingo 2:00- Deacon Pete [C] Snowball social	18 10:00- Exercise Coloring 2:00- Music by Ken King Café social	19 10:00- Ball toss Food club- fruit salad and dip 2:00- Just Having Fun Singers	20 10:00- Ball toss 10:30- Crafts 1:30- Bingo 3:00- Outside social/ trivia	21 No Activities
22 10:30- Pastor Schwartz 1:30- Bingo	23 Good morning 10:00- Exercise Group Board games 1:30- Bingo	24 10:30- Silver Reader Pets on Wheels [Joy] 2:00- Pastor Ken Fizer [M] Cookie and coffee social	25 10:00- Exercise Craft corner 1:30- Bingo 5:45- Music by Gary Alasandro	26 10:00- Ball toss Food club- Egg rolls and fortune cookies 1:30- Garden club 3:00- Pets on Wheels [Ava]	27 Good morning 10:00- Ball toss 10:30- Crafts 1:30- Bingo	28 No Activities
29 No Activities	30 Current events 10:00-Exercise Group Fun games 1:30- Bingo	31 10:00- Ball toss Card club 1:30- Bingo 3:00- Outside social				Red - morning Blue - afternoon Green- evening Purple - specials Blue- Church services