



# HART HERITAGE HERALD



**Hart Heritage Estates of Forest Hill**

**1915 Rock Spring Road, Forest Hill, MD 21050**

**March 2018  
Sheila Porter**



Born Sheila Picard on March 23, 1939 in Alexandria Virginia, Sheila grew up in Baltimore County and graduated from Kenwood High School in 1957. She worked at the Glenn L. Martin Company in Middle River as a secretary in the Nuclear Division for about 10 years. Sheila married Raymond Porter in 1961 and they have two children, Raymond and Kimberly and seven grand children. In 1979 they purchased a marina [Porter's Marina] that is located on Seneca Creek in Baltimore County, which they still own and her son Raymond is now operating. Sheila and Ray enjoyed going places on their boat and taking trips by car and cruising. Sheila has been living here at Hart Heritage for about 1 year. She comes to many of our activities and enjoys crocheting in her room. She has made a lot of friends here and has a great sense of humor.

*Happy St. Patrick's Day*



St. Patrick's Day was first celebrated in America in 1737, organized by the Charitable Irish Society of Boston, including a feast and religious service. This first celebration of the holiday in the colonies was largely to honor and celebrate the Irish culture that so many colonists had been separated from. Early celebrations took place as a small gathering at the home of an Irish protestant. St. Patrick's Day parades started in New York in 1762 by a group of Irish soldiers in the British military who marched down Broadway. This began the tradition of a military theme in the parade, as they often feature marching military units. The holiday eventually evolved from the modest religious dinner into the raucous holiday we know today. Some traditions include; Parades, drinking, dying water and beer green, wearing green, religious services, and pea planting.



Why can't you borrow any money from a leprechaun?



They are always a little short.



We had Mardi gras on the 13<sup>th</sup> of February. We had plenty of treats, listened to music, ate, talked and laughed at each other, a lot.



Marge, Doris, and Ann Marie love joining in the festivities.



Eleanor and Sheila: enjoying themselves.



Some people, [Jane] had more fun than others. Only kidding it was only sparkling grape juice.



Ann Marie: joining in the fun.



Our Mardi gras Queen; Miss Margaret Strother Doesn't she look beautiful and she loved the show pony animal she won.



To be Irish, is to be Lucky



We had fun at Valentine's Day too. The 4-H club, Fallston Methodist Church, and The Gate at APG all sent us gifts, cards, and candy. We also had cookies and cupcakes too.

Sheila and Jane: eating and having fun.



Len liked the M & M butterfly he ate it so fast I had to give him another one to take the picture.



Anna showing off her butterfly



We have the Silver Reader come every three weeks if anyone would like to participate. They have good selection of large print books, movies, audio books and CD's to choose from.

Reminder to residents and their families: Please clearly label all of your loved ones clothing with their names and room numbers. You may have to do this every couple of months because; permanent markers are **not** permanent on clothing.



Also Virginia opens the Beauty Salon on Wednesdays at 1:00pm and Thursdays at 10:00 am. If you would like to have your hair done, please fill out a request form for what you want done at the front desk.

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