



# HART HERITAGE HERALD

Hart Heritage Estates of Forest Hill

1915 Rock Spring Road, Forest Hill, MD 21050



September 2017

Helen Nitkoski



Helen was born on August 21, 1925 in Baltimore City. She is proud of her Polish heritage and still can speak the Polish language. Her parents ran a tailor shop in Highlandtown, two blocks from the Gunther and National Breweries. Following the passing of her father, she and her mom moved to a single house in Loch Raven. Helen is a graduate of The Towson Normal School [also known at different time as Towson State Teachers College, Towson State College, and now Towson State University] She spent her entire career educating the children of Baltimore; 1<sup>st</sup> as an elementary school teacher, then as a supervisor of instruction and finally as a principle. She was active in her Sodality at St. Matthews Church. She enjoyed attending the amateur plays at her church and by the K of C players. She was an avid reader and her interests were many and varied. She also loved to garden and her yard and home, was filled with a large variety of flowers.

## HAPPY LABOR DAY



Observed on the first Monday in September, Labor Day pays tribute to the contributions and achievements of American workers. It was created by the labor movement in the late 19th century and became a federal holiday in 1894. Labor Day also symbolizes the end of summer for many Americans, and is celebrated with parties, parades and athletic events.

### Fighting for Change

More than a century ago, workers were forced to deal with harsh conditions. They were paid very little, and they often worked 10- to 12-hour days. Men, women and even small children were forced to work even when they were sick. Tired of long hours and dangerous conditions, workers began organizing themselves into labor unions. On top of fighting for higher pay and shorter workdays, they also fought for the rights of children. The workers wanted employers to place limits on the age of their workers so that small children were not overworked or hurt in factories.

### A Holiday for Workers

A New York City carpenter named Peter McGuire is credited for coming up the idea for Labor Day, he was often called the "father" of Labor Day. In 1872, after working many long hours under poor conditions, McGuire rallied 100,000 workers to go on strike. The workers marched through the streets of New York City, demanding a better work environment. McGuire spent a decade fighting for worker's rights. In 1882, he proposed the idea to create special holiday for workers. On Tuesday, September 5, 1882, more than 10,000 workers hit the streets of New York City for the first ever Labor Day parade.



Riddle; The more you take the more you leave behind.

Footsteps

Joe Siegmund had a very special 100th birthday on August 9, 2017. Our first centennial party was a great success. I would personally like to thank everyone for all the hard work and planning to make Joe's party great. Here are some pictures of all the fun.



Mr. Joseph Siegmund, Jr.



Joe Jr. and Joe the 3<sup>rd</sup>.



Family and friends, all gathered to have their photo taken with Joe.



Everyone having a great time



A friend is someone who knows all your faults and likes you anyway.



Joe, receiving a proclamation from Harford County County Council member Chad Shrodes



Joe blowing out his candles.





# Hart Heritage



## Craft Corner

We have made a lot of new crafts this month. Blankets, tissue paper music clefs, tissue paper stain glass butterflies, and coffee cups with our names painted on them. We have had so much fun. A special thank you to Lora for donating her time and materials for the crafts.



Nell, Jeanette, Virginia, and Reenie



Here is Jane with her foam craft cross.



Bob, Pat, & Reenie: with their beautiful butterflies



The painted coffee cups. So pretty!



## Food Club

We made something new: Mediterranean chicken salad. It was a big hit I even made copies of the recipe for some of the ladies to give their family members.



Everyone enjoying their chicken salad and crackers.



We also made peach cobbler. Yummy! Yummy!



Reverend Karin Walker and company; came to see us for the first time on August the 1<sup>st</sup>. Everyone was very nice and we all enjoyed the Methodist service. They all will be here the first Tuesday of each month at 2:00.



Donna, Clara Mae, and Ruth enjoyed the service. Clara was especially happy because this is her church, her friends and she can't wait for them to come again. Thank you everyone.



Joy our Pets on Wheels dog had her 8<sup>th</sup> birthday with us on August 22<sup>nd</sup>. Here Miss Doris is holding Joy in her birthday outfit. We had treats and drinks too. Happy Birthday Joy! Thank you Miss Pat



Kim Cooke, the Hostess with the mostest. Had her breakfast meeting for The Department of Aging Advisory Board that is made up of appointed members by the County Executive and meets every three months to discuss the needs, concerns, and safety of our seniors .



## September Fun Facts



September's Birthstone; Sapphire

Flower; Aster and Forget-me-not

Fruits and Vegetables; Nectarines, Figs, and peppers

Zodiac signs are; Virgo, August 23 to September 22- Libra, September 23 to October 22<sup>nd</sup>.

September is also,  
National Preparedness Month and

Childhood Cancer Awareness Month



Happy Birthday

Gloria Lane	9/08/1927
Joe Biondo	9/12/1935
Mary Harvey	9/15/1924
Doug Woodburn	9/18/1932
Anna Hasselbarth	9/21/1931
Eleanor Little	9/26/1923
Donna Fenner	9/30/1937