



# HART HERITAGE HERALD



**Hart Heritage Estates of Forest Hill**

**1915 Rock Spring Road, Forest Hill, MD 21050**

August 2017



John Andrew Meisel was born in West Baltimore in 1925. He was the middle child of 8 siblings (3 sisters and 4 brothers). John's mother lived to be 100! John graduated from Calvert Hall High School and enlisted in the Coast Guard. He served in World War II. He worked for the Internal Revenue Service for 35 years where he retired in 1980.

He Married the "love of his life" Mary Jane in 1972 and lived in Ellicott City for 35 years. Mary Jane and John were the owners of "Meisel Merry Motor Tours"; taking Senior Citizens on bus tours up and down the East Coast. John enjoyed collecting coins, gardening and is a big sports fan. He participates in Hart Heritage activities & enjoys a good laugh with his new friends!



August Fun Facts

August is known for many things, including the dog days of summer, National Watermelon Day (Aug. 3) and National Smile Week (Aug. 7-13). But there are many other fun facts associated with summer's last full month.

August is named after Augustus Caesar, founder and the first emperor of the Roman Empire, who was posthumously adopted by his maternal great-uncle Gaius Julius Caesar.

Fans of Elvis Presley mourn each Aug. 16th, the day the famed singer died in 1977.

Although civil rights activist Martin Luther King, Jr., is honored in January, when he was born, he is best known for his famed "I have a dream" speech, which was given on Aug. 28, 1963.

The month of August is often referred to as the "dog days of summer" but not because of pet pooches. It has to do with the star Sirius, also known as the dog star, which rose at the same time as sunrise during the month of August in ancient Roman times.

Some famous people born in August include Martha Stewart, Martin Sheen, Jeff Gordon, Deion Sanders and Halle Berry.



**FRIENDS**  
are the  
most important  
ingredient in  
the recipe  
of Life



## The Just Having Fun Singers

Members of the group came to see us. We sang old favorites and played some trivia games too. We all had a wonderful time singing, laughing, and dancing. We would like to thank Jan and everyone else for making our day wonderful.



Joe, Bob, and Jim: singing along with the Just Having Fun Singers, they sounded great maybe they should start a new group.



Anna Lee, Jeanette, Pat, and Doris: all enjoyed being able to sing along.



Virginia: reading the music before she starts singing. Great job everyone!



How did the bubble gum cross the road?

On the bottom of the chicken's foot!

# Fourth of July

Sherri; helped everyone make flags from graham crackers, cream cheese, strawberries, and blue berries. They were cute and tasted great too.



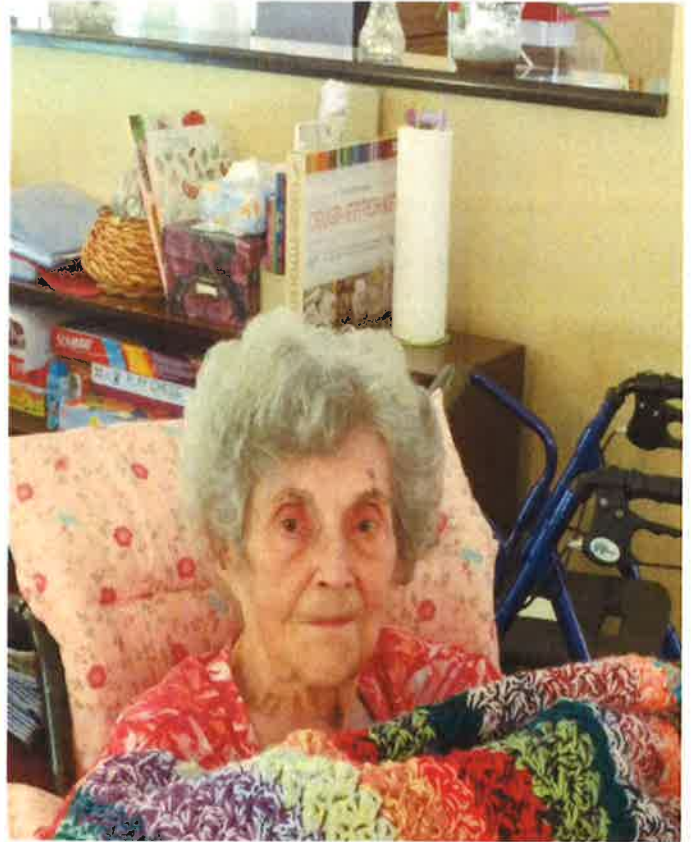
Carrie, Chuck, and Jeanette enjoying their flag creations.



Eleanor and Helen: Eating, Laughing and having a good time. Isn't that's what life is all about?



We had a find the pictures in a picture contest. Jeanette was the winner, she found 12 out of 16 pictures. She won this beautiful afghan.



**GAME TIME!**





# Things we have been doing at Hart Heritage



We have been busy making lots of crafts and having a lot of fun too.  
Bob, Anna, Fran, and Virginia: Painting dot to dot pictures.



The ladies all worked together to make red, white and blue paper chains to decorate the activity room for Fourth of July.



Thank you to everyone, they look great!



Donna and Pat: with their crab on the beach vignette. A job well done



Jeanette, Carrie, Reenie, and the Lora from Forest Hill Presbyterian church making family tree cards with colorful buttons.



We think they look Beautiful.



## Food Club

We loved making our own pizzas. Everyone had a great time putting different topping on them. We all ate way too much pizza; but boy was it good.

Arlene, Reenie, and Jane: getting their pizza ready to be baked.



Sheila: putting extra cheese on her pizza.



Marge: using some fresh basil and fresh herbs they make everything taste better.



We had a lot of residents come to Food club.

We made Mediterranean Chicken salad. It had capers, sundried tomatoes, fresh parsley, onion, chicken, parmesan cheese and red wine vinaigrette.

It went over pretty well: I even made a couple copies of the recipe for the residents to give their families to try.



We all ate the salad with crackers. Some people had two helpings. We all had a wonderful day at Food Club.



## Big Bingo Winners

Eleanor Little: is still the Bingo Queen



Fran Gossett: came in 2<sup>nd</sup> place



Marge Wisnom: came in 3<sup>rd</sup> place.



## More Fun Facts

Zodiac signs are Leo: from July 23<sup>rd</sup> to August 22<sup>nd</sup> and Virgo from August 23<sup>rd</sup> to September 22<sup>nd</sup>.

The Birthstone is Peridot

The flower for August is Gladiolus.

On August 3<sup>rd</sup> 1492 - Christopher Columbus set sail from Palos de la Frontera, Spain

On August 7<sup>th</sup> 1782 - George Washington ordered the creation of the Badge of Military Merit to honor soldiers wounded in battle. It is later renamed to the more poetic Purple Heart.



JOE SIEGMUND	8/09/1917
RUTH DORSEY	8/12/1926
ANNMARIE TAHEDI	8/12/1930
FRAN GOSSETT	8/15/1939
JEANETTE MASKEL	8/16/1920
BARB GEDDINGS	8/25/1933