



HART HERITAGE HERALD



Hart Heritage Estates of Forest Hill

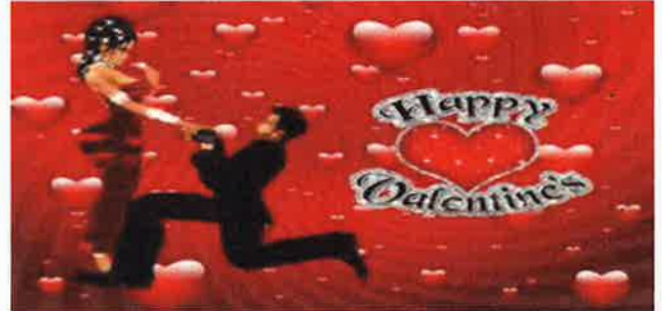
1915 Rock Spring Road, Forest Hill, MD 21050

February 2017

George Goutos



George was born on June 19, 1923. He married his wife Athan in 1963; Athan passed away in February of 2013. They had one son, Dean Gregory, who passed away while completing his master degree at the University of Maryland. George was drafted into the Army Airforce during WWII in 1942, and served 20 months overseas in Germany and France. State side he worked at Amoco Oil Company, now BP, for 38 years as a Checker/Forklift operator until his retirement 32 years ago. He and Athan spent the winters in Florida, and spring and summers at their home in Timonium, Md. George's hobbies included gardening, stamp, and coin collecting. He enjoys following the Ravens and the Orioles. He was also a season ticket holder when the Baltimore Colts played in Baltimore. He loves Greek food, and George does enjoy his regular visits with his nephew Richard.



A History of Valentine's Day

Valentine's Day is a jumble of traditions, beliefs, and celebrations that has come to us from a distant past. It is celebrated on February 14th because it was upon this day that Saint Valentine was supposed to have been executed for performing marriages. It was a strange thing to happen to a priest who fervently believed in doing what he thought was right, helping couples to consecrate their love. The story goes back the 2nd Century A.D. when Christians were persecuted by the Roman government. Christian marriages and other ceremonies were absolutely forbidden. The legend has it that Claudius II was trying to raise an army in Rome. It was his belief that married men would not make good soldiers because they would always be worried about their wives and children back home. To raise men for the army he forbid young men to marry. The punishment for any priest who would perform a marriage ceremony, would be death! Because he so fervently believed in love and the idea that marriage was a holy state, St. Valentine performed marriage ceremonies, placing his allegiance to God before the Government in Rome. The good saint was caught performing a marriage and was hauled into prison and after a trial before the emperor, beheaded. This is probably the most dramatic story associated with Valentine's Day.



**A Good friendship is like a fine wine,
the longer you hold on to it the
better it gets.** 



We all had a wonderful New Year's Eve party. We had music, noise makers, hats, tiaras, food, and drinks. Fun was had by all.

Joe, Len, and Reenie are ready for the New Year.



Pat and Bob trying to make some noise with their New Years horns.



Papa John , Can you hear the New Year coming?



Happy New Year



Why did the goose cross the road?

He didn't want to be called a chicken!

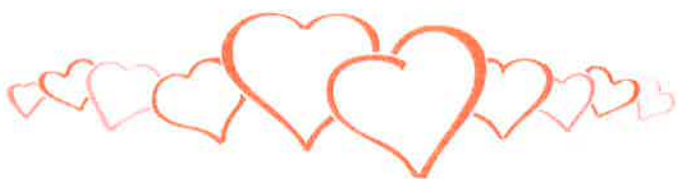


We have been playing a lot of games to keep us on our toes. We all Love Bingo, Our residents are quite competitive and have a great time. We would love to have some more residents join us, so talk to your friends about joining us for Bingo. The more the merrier!

Ann Marie, Donna, Pat, and Lois ready to win.



Eleanor Little; Bingo Queen!
Long live the Queen!



According to the Chocolate Manufacturers Association, 65 percent of Americans prefer milk chocolate over dark. However, more consumers are turning to the “dark side,” especially since dark chocolate is high in antioxidants. Easterners prefer dark chocolate, while those in the West prefer milk chocolate. Some of us just love chocolate, we don’t care what kind it is. Just sayin!



The Popular medieval folk belief that birds choose their mates on February 14th; made doves a favorite symbol for Valentine cards. The dove was sacred to Venus and the love deities and was known for choosing a lifelong mate.





Hart Heritage



Food Club

A very good; and healthy start to the New Year we made oriental salad and had fortune cookies.

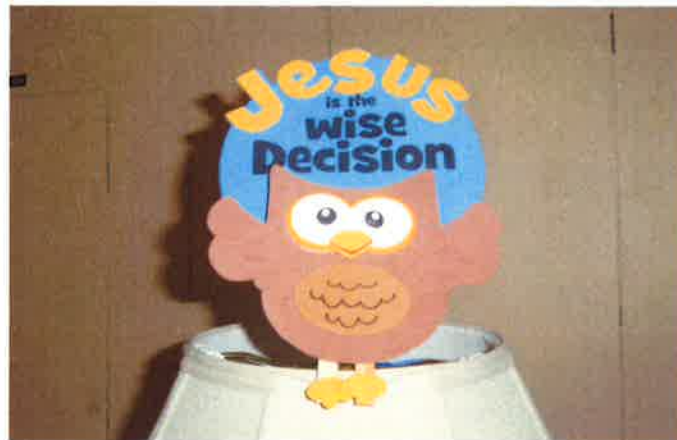


We had strawberry cheesecake cake with mixed berries, mint and whipped cream. And it was all calorie free, because we made it in food club. Ha! Ha!



Craft corner

Craft club is so much fun, and we loved making this little guy. Hoot! Hoot!



Everyone had fun making sand art crosses.



The ladies; working on their Jesus crosses.



In honor of Veterans day, Frank McCluskey received a pin and beautiful award for his service; from Amedisys. They also made him a bulletin board with all his interest and accomplishments. Frank fought for his country during WWII and served as a tank operator, He was stationed for a short time in Korea. We all thank you for your service.

Frank, his wife Joan, and Amedisys nurse: Anna pinning frank.



Winter has come to Harford County: for sure. The ice covered trees, were beautiful.



Pictures by Doug Woodburn

Holidays in February

- February 2nd - Ground Hog Day
- February 3rd - National Wear Red Day
- February 4th - World Cancer Day
- February 5th - Super Bowl
- February 14th - Valentine's Day
- February 20th - President's Day
- February 22nd - National Margarita Day
- February 28th - Mardi Gras

A Widow's Incredible Final Gift to Her Husband

They wouldn't let religion, custom, or even burial come between them. After 42 years of marriage, in 1880, Lady Van Aefferden buried her husband, Colonel J.W.C. Van Gorcum, in the Protestant cemetery of Roermond, a small town in the Netherlands. Custom dictated that Van Aefferden would be buried in the Catholic cemetery upon her death, eight years later. To stay close to her spouse, Van Aefferden requested the burial plot next to her husband's grave, beside a brick wall which separated the two cemeteries. Then she added interlaced stone hands to connect their tombstones so that they would embrace for eternity. Today, the tombstones are called *het graf met de handjes*, which translates to "grave with the little hands."



More Fun Facts

February's birthstone is Amethyst.

February's Zodiac Sign are Aquarius from January 20th to February 18th; and Pisces from February 19th to March 20th.

The birth flowers are Violet and Primrose

February is Parent Leadership and Black History Month



In honor of Valentine's Day; Doug Woodburn has made red bracelets for everyone, if you are interested see Doug.




FEBRUARY
HAPPY BIRTHDAY

Jane Kendzierski	2/3/1942
Anna Lee Zimmerman	2/3/1927
John Meisel	2/6/1925
Arlene Bracken	2/19/1926
George Fatt	2/28/1923